

ELIZABETH COLLEGE



Activities Booklet
2015-2016



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Armada Society

This is a society primarily for sixth formers studying English Literature although other sixth formers and Year 11 pupils can also attend events if invited. The society aims to offer evening talks and events which foster a deeper engagement with Literature and culture in general. Talks will be delivered by teachers, external speakers and also sixth form students themselves. For further information, contact Mr Buchanan.



Art Club

Art Club takes place on Thursdays after school (4.00pm to 5.00pm) and is open to boys in all years. Students in Years 7, 8 and 9 are encouraged to explore their own ideas and/or take part in organised project work. Some boys may wish to use the extra time to complete art homework or class work. Although this is not the principal purpose of Art Club, these students will be accommodated from time to time. For students following GCSE or A-Level courses, Art Club will provide valuable extra time for working on coursework projects. Of course, these students may also use this time to do something unrelated to schoolwork. Ultimately, it's their choice.



Athletics



During Trinity term, there will be an Athletics Club after school on Tuesdays from 4.30pm - 5.30pm at the Osmond Priaux Athletics Track at Footes Lane. The club is open to all students. There will be internal inter-year competitions (eg Year 7 v Year 8) during these sessions. Students in the team squads will be informed. For further information, contact Mr Heaume.

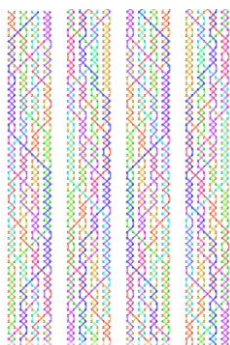
Club Link: GIAAC. More information is on the website at www.guernseyathletics.org

Badminton

Badminton Club takes place on Wednesday lunchtimes in the Sports Hall.



Bell Ringing



The biggest bell on Guernsey weighs just over a metric ton. Even the lightest tower bell is about 3 times your own weight. Despite their size you will not only learn how to ring them but play complex music where everybody plays the same melody but starts at different positions (just like when you sing row-row your boat as a round). The image to the left is the pattern to Guernsey Surprise Major which is played on eight bells. You shouldn't leave the floor like in the Mars bar advert unless you are doing it wrong, but there is a 'Mars Bar Challenge' where you'll win a Mars Bar if you can stop the bell in the right position 20 times in a row.

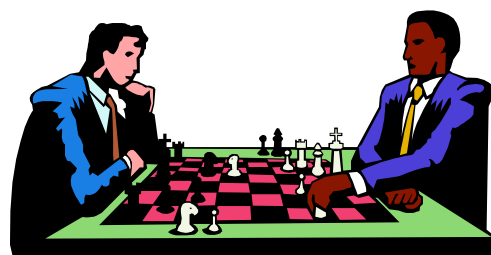
Practice is Tuesday after school - meet at the main gate to walk down to Town Church. In Lent term there is a residential trip to Alderney.



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Chess Club

This club meets on Wednesday lunchtimes in MAT 6. Beginners to the game are welcome as are experts. You can come along and just play socially or learn some new tactics. You can bring a packed lunch and eat as you play. There may be the opportunity to play against pupils from other schools if players are interested. If there is the demand, we will also run a school tournament.



Climbing



Climbing is offered as an extra-curricular activity to all boys on Thursdays 4.00pm – 6.00pm. It is also available as an option in the CCF adventure training. There are cadet courses in the UK run through the MoD too. Natural crag climbing is after school in Trinity term for those who have gained proficiency through these courses or through the Guernsey Mountaineering Club. Sign up on the notice board opposite Room 5. You must climb with a partner of your own weight. See Mr Aplin for information.

Club Link: The GMC meet on Tuesdays and Thursdays at the Rue Mainguy and Baubigny climbing walls. www.cwgsy.net/community.gmc

Combined Cadet Force (CCF)



Boys opt for the CCF at the end of Year 9 and join at the start of Year 10; this is a two year commitment up to the end of Year 11. During the first two weeks of Year 10, the cadets will watch presentations from each Senior Section then make a choice as to which one they will join; they then join straight away. The first year is spent as Recruits in their chosen Section where they will complete the relevant CCF Proficiency Certificate. This is based on a wide range of new skills and activities as well as developing an 'Esprit de Corps'.

Army and RAF Section cadets are taught to handle and fire the .22 calibre target rifle, 5.56 L96 Cadet Rifle and those who are dedicated and proficient will shoot the 7.62 full bore rifle and possibly progress to form part of the College Shooting team. Army and RAF cadets complete field craft and self-reliance training and exercises. Those who choose the Royal Navy Section will start their RN syllabus training straight away, which includes sailing at the Guernsey Sailing Trust and afloat training in our own Rigid Raider. Joining the RN Section does not preclude any cadet from being part of the College Shooting team. All Recruits are expected to attend Annual Camp for all Sections in Year 10 in the UK during Investigation and Discovery week. The most proficient shooters may also attend Bisley in July and other competitions during the year.



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Challenge Pursuits and Adventurous Training activities are introduced and form a foundation for further involvement. Cadets are actively encouraged to attend one or more of the many and varied MoD sponsored and run camps and courses; these are heavily subsidised to further cadet personal development and to support the wider Cadet Force aims. Cadets are expected to participate in wider community activities such as fund raising, ceremonial parades and civic functions. All cadets will be expected to attend the Island's Remembrance Parade in November and complete at least one Island parade as part of the CCF Platoon; training is given for these.



In Year 11 cadets remain in their Section of choice. In addition to completing the CCF(RN) basic and advanced syllabuses, the Royal Navy Section continues to run activities afloat, as previously described; cadets may also compete in sailing competitions in the UK. The Army Section continues with field craft exercises and with blank firing activities. Royal Air Force train for their Part One and Two exams and use the RAF Volunteer Gliding schools and, whenever possible, visit RAF bases in the UK for air experience. Cadets also get the chance to attend RAF central camps where Air Experience can be gained on powered trainers such as the Grob.

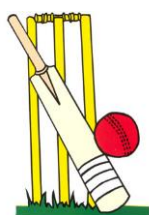


In Year 11 those cadets who wish to can join either the Honour Guard or Corps of Drums. The Honour Guard learn arms drill to a high standard using the L96 Cadet Rifle so that they can form guards of honour at Island and CCF Parades as well as put on demonstrations to cadets and visitors alike. The Corps of Drums learn to be proficient on the military side drum and also perform for cadets and visitors; they also have an annual 'gig' at the Combined Services Dinner where they drum the diners in to dinner.

There is a selection process at the end of Year 11 with cadets able to choose other Friday afternoon options. Cadets who remain in the CCF continue to work with their Sections and continue with their personal development as cadet instructors. Cadet Senior NCOs can also be invited to attend Annual Camps and October Training to assist with the management of the younger cadets.

Cadets can continue to shoot, including as an option on Senior Games, and can attend adventure training, leadership and personal development courses as well as a wide range of expeditions. Cadets are encouraged and supported in completing activities that count towards the Bronze and Gold Duke of Edinburgh Awards. A booklet is issued to Year 9 students prior to the parents evening. See Lt Cdr Slann. The following link gives more information regarding the three different Sections: <http://combinedcadetforce.org.uk/>

Cricket



Winter nets take place for all age group squad players in the Lent term. Fixtures are arranged for all age groups against local schools. Years 7 and 8 have regular practice/match sessions on Saturday mornings in the Trinity Term. Tours to the UK are arranged for the two U13 elevens as well as the 1st XI. The 1st and 2nd XIs play in the local GCA-run afternoon Leagues. There are also fixtures at the weekends for all age groups against visiting teams from the UK, Jersey and the Colts challenge.



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Debating

Teams are entered in the Intermediate and Senior competitions, and are assigned topics on which to speak. Debating happens regularly at lunchtimes in Lent and Trinity terms, either in Room 7 or the Main Hall. There are cups and vouchers awarded to the winning teams. See Mr Buchanan or Mrs Shaw for details.



DT Club



Monday: 4.00 pm – 5.30 pm: KS3 DT project work and DT competitions.

Thursday: 4.00 pm – 6.00 pm: Years 10 to 12 coursework sessions for those taking DT as an exam.

Monday – Friday lunchtimes: DT computer labs available to any boy from any year group for homework/coursework or additional DT work that they may wish to do.

Lent Term: Weekend sessions will be available as notified through this term for boys in Years 11 to 13 who are undertaking controlled assessment and coursework modules in DT.

Duke of Edinburgh Award Scheme

Year 9 boys can register for the Duke of Edinburgh Bronze Award on their 14th birthday. They can then start their sport, skill and volunteering sections. The expedition training is provided during Investigation and Discovery Week at the end of Year 9. Bronze expeditions take place in year 10. This enables the Bronze Award to be completed before Year 11. When boys are 16 they can register to start the Gold Award. The Bronze Award is coordinated by Mr Costen and Mrs Dallin. Mr Davis is the Award Coordinator for Elizabeth College and responsible for the Gold Award.



Fencing



Salle 101: The Elizabeth College Fencing Club is a large, enthusiastic group of fun-loving amateurs and fully-dedicated competitors. The Salle is committed to the pursuit of excellence, and for the last six years it has been the top Independent School Club in Great Britain. The club caters for athletes of all abilities, providing free squad training in all three Olympic weapons. **Training sessions for new**

fencers are held Tuesdays and Fridays after school from 4.15pm until 5.45pm. More advanced fencers train Mondays and Wednesdays from 6.00pm to 10.00pm, with precise times depending on weapon and ability. The club provides all the kit required by its novice and junior fencers.



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Once a month, the whole club comes together to fence on Sunday afternoons in the Island Junior Foil, Epée and Sabre leagues, held in College between 2.00pm and 6.00pm. Individual lessons are available to all pupils at a cost of £15.00 per half hour (paid by monthly direct debit).

There are opportunities for all boys to take part in the Guernsey and the Inter-Insular Youth Championships and Senior Championships, as well as the Guernsey Schools' Team Event. Boys from Year 8 onward are eligible to compete in the Public Schools' Fencing Championships at Crystal Palace (the largest single-sport amateur event in Britain), while boys from Year 7 up represent the College at the British Schools' Team Championships. "Pathway programme" fencers (those keen to develop their competitive edge) are given an opportunity to compete in several age-appropriate competitions on the mainland, while those on our "lifestyle programme" fencers compete on the British circuit as well as the National Championships at Cadet, Junior and Senior levels, looking to earn their place on the Island's High Performance Programme, and the British National Squad. College boys have also represented Guernsey in both the Commonwealth Juniors (bringing home the Bronze medal for the Sabre team event from Penang 2009) and the Commonwealth Games.

The club runs four training camps each year, and is extraordinarily fortunate to have attracted a team of top British athletes and international coaches who regularly come to lead them. By tradition, a further Winter Camp is held in Budapest, Hungary, during the February half-term.

Club Links: The club is served by the Guernsey Fencing Academy. More information about the close links between the Academy and the College can be found on the Academy web site at: www.nationalfencingacademy.com. More fencing is available at the Sarnia Sword Club, which meets at Beau Sejour Centre every Thursday night from 7.00pm until 8.00pm (under 14) and 8.00pm to 10.00pm (over 13). Membership is required. Further information can be obtained from the Sword Club website: www.sarniaswordclub.com.

Football

Regular practices take place after school for all age groups and matches are arranged against all local schools. Tours to the UK and beyond are arranged for Year 8 and 1st XI. Some matches take place at weekends against visiting teams from the UK or Jersey.

Club Link: Guernsey Football Association. See Mr Garnett for details.



Golf



Practice sessions take place throughout the year on Tuesday afternoons during senior games.

Experienced golfers have the chance to be selected for the College Golf Team which competes against Victoria College every year for the Boomer Trophy.



Hockey

Michaelmas Term

Senior teams are entered into the Men's Division 1 and 2 Championships in this term. Hockey is a senior Games option and runs from September along with senior training on Thursday nights. U16 – U14 players are encouraged to attend the Guernsey Hockey training nights on Tuesdays at the FL and MF respectively: 5.15pm – 6.30pm for U14 and 6.30pm – 7.45pm for U16. Older pupils are encouraged to join the senior men's training on Mondays and Thursdays at the Hockey Club.

Elizabeth College Hockey



EST 1908/09

Lent Term

Training is arranged for all year groups throughout this term and is open to all pupils. Matches are arranged against local club sides and visiting teams from the UK. Most of these matches take place at the weekends. Tours are arranged to the UK at U15 and U13 levels, and the 1st XI tour is to Barcelona. All year groups play against Victoria College or St Michael's School from Jersey. The U14 and U16 teams are entered into the National Schools' Championships for boys, in 2015 the U14 team reached the West semi-final, one game away from the national final.

Club links: Anyone interested in joining a club or looking for training please see Mr Good or Mr Wray for help, or log on to www.guernseyhockey.com.

Inter-House Activities

There are a variety of inter-house competitions that run throughout the year in a number of activities. Competitions take place either in Games afternoons or at lunchtimes. All students are invited to enter and represent their house team and compete for the inter-house shield within each year group.

Term	Event	Location	Participants
Michaelmas	Swimarathon	Beau Sejour	All Years
	11-a-side football	Memorial Field	All Years
	House Shout	Sports Hall	All Years
Lent	Debating	Classrooms	All Years
	Hockey	Memorial Field	All Years
	Cross Country	Memorial Field	All Years
Trinity	Athletics	Footes Lane	All Years
	Cricket	College Field	All Years
	Swimming	Swimming Pool at Elizabeth College	Years 7-10

In addition, there are internal leagues run during Games afternoons throughout the year in football, hockey and cricket.



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Juggling and Circus Skills



This club runs on Monday lunchtimes in MAT 6. Activities involve juggling with balls, bounce balls, clubs, rings and knives as well as diabolos, devil sticks and cigar boxes. You can also come along and learn how to ride a unicycle. We are looking to arrange a trip to the British Juggling Convention next year as well as putting on some shows. When the weather is nice, there may be the opportunity to play some unicycle hockey and do some unicycle jousting outside. All the equipment is provided, though we can't lend stuff out so it is best to have some of your own kit if you want to practise at home. Certificates can be earned for each of the skills as you progress.

Kayaking

Sea sessions happen in the summer and autumn terms. Details on iSAMS/Outdoor Pursuits board. There is often a kayak camp during the Trinity term and a College kayak expedition in the summer holidays. Ministry of Defence courses are available through the CCF.
Club link: Guernsey Canoe Club.



Life Saving



Training for RLSS awards may take place in the College pool during the warmer months and at other pools during the winter. Details are published via iSAMS and on the Outdoor Pursuits notice board. See Mr Aplin for more information.

Model Train Club

The Model Train Club has a layout in a dedicated room in the NW turret. The club has one working layout with a second under construction. If you are interested in trains or modelling, the club runs twice a week all year round and has enough to interest both experienced and new model train enthusiasts.



Modern Languages and Sitcoms

Who / Qui / Wer / Quién?	Year 8 (but everyone welcome!)
Where / Où / Wo / Dondé?	OCR
When / Quand / Wann / Cuando ?	Thursday @ 12.35pm

With the introduction of a second Modern Language in year 8, this club aims to support language learning through watching well known shows with French, German and Spanish soundtracks or subtitles.





Music

(Provisional timings)

College Choir

Tuesday 12.40pm - 1.10pm in the Performing Arts Studio

Ms E Willcocks

Open to all students with an interest in singing. There are various opportunities for performance through the year at College services and concerts.



College Chapel Choir

Wednesday 12.40pm – 1.10pm in the Performing Arts Studio

Ms E Willcocks

For students with particular interest in singing who have attended a vocal assessment. Performance opportunities include College services, Town Church services, local events and an annual trip to St Malo to sing in the cathedral.

Orchestra/Wind Band/Ensembles

These take place on Monday, Wednesday, Thursday and Friday lunchtimes, and before and after school

Ms E Willcocks, Mrs P Cross, Mr D Loweth

Groups including College Orchestra, Brass Band, Wind Ensemble, Guitar Ensemble, Jazz Band and Percussion Ensemble, as well as Bell Ringing, prepare and perform at College and local events. Students will also enjoy workshops with visiting specialists.

Junior Ensembles/Clubs/Chamber Groups

Lunchtimes and after school in the Music Department

Music Staff

The Music Department offers all students the opportunity to pursue their musical interests. All members of the Music staff and pupils with a keen interest in music will join an ensemble. Those with particular interests join or form groups and clubs by negotiation with staff and enjoy access to facilities and staff help at lunchtime or after school. Some of our most talented pupils



form chamber groups to extend their skills even further. Groups and clubs include Snorkel Band, Junior Acapella, Recording Club, Junior Strings and various chamber ensembles, and the College Close Harmony Group (Sixth Form singers only). Performances take place throughout the year and range from College events and local festivals to weekend trips and workshops. For those with an interest in Music Theatre there are opportunities to join with the Drama Department in College productions.



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Rugby



Rugby takes place every Tuesday afternoon in senior Games during the Michaelmas and Lent terms. Matches are played during the Lent term against Victoria College, De Salle College and the Grammar School.

Club link: Coaching is also provided by the Guernsey Rugby Academy for a variety of age groups these usually take place on a Sunday morning at the Rugby Club.

Ruskin



Ruskin is an environmental service activity which aims to provide support to various 'green' projects on the island. These involve countryside management, beach clean-up, allotment work, weed clearance and sustainable energy schemes. John Ruskin was a 19th century philosopher who believed that rural manual labour fostered intellectual thought. It is run by Mrs Chamberlain.

Sailing

In school: In Years 7 and 8 sailing is available as an option during Investigation and Discovery Week at the end of the Trinity term. In Year 11 and in the Sixth Form, students may choose sailing as their Tuesday afternoon Games option in the Michaelmas term, and sailing is also a central activity of the CCF Royal Navy Section. Annual College Sailing Championships are held at Junior and Senior level, and the best sailors take part in team racing competitions against other Channel Island schools, including Victoria College, Jersey.

Out of school: There are several trips to sailing competitions in the UK each year. The Guernsey Yacht Club runs training sessions and junior racing at various levels on Saturdays and Sundays. The Guernsey Sailing Trust puts on week-long courses for beginners and improvers during the school holidays, using a variety of boats.

www.sailingtrust.org.gg

<http://www.gyc.org.gg/junior>



Shooting

Michaelmas Term

Year 10 pupils may apply for a place in the Shooting Squads if they have completed the safety training and testing. Shooting is undertaken at lunchtimes from November to February. See Capt Benest.

During CCF Year 10 undergo additional shooting and safety training and testing. They will be instructed in the Marksmanship Principles before live firing in the Indoor Range; they can then opt for shooting as their Games option. See Capt Benest.





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Years 11, 12, and 13 continue training in small bore shooting. Teams will be entered in the Hampshire League and there is a match against Victoria College.

Lent Term

All year groups continue small bore shooting in the Hampshire League. Two teams of twelve from Victoria College and Elizabeth College are selected as the Channel Island Team to compete in the National Competition against England, Scotland, Ireland and Wales. An NRA Basic Skills Target Rifle Coaching Course is run locally for those Year 10 boys who opt for shooting as their Games Option. Approximate cost: £45.

Trinity Term

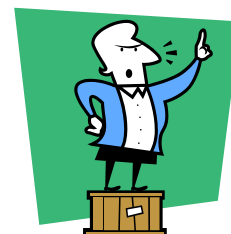
We move to Fort Le Marchant for the Trinity term to fire full bore rifles. The main focus of this term is to train and prepare a team to represent the College at Bisley. The main event at Bisley is the Ashburton Shield. During the course of the term we compete against the Old Elizabethans and the Guernsey Rifle Club. Senior shots are encouraged to complete a certificated coaching course.

Imperial Meeting

The Imperial Meeting is the 'Main Meeting' held at Bisley immediately after the Schools Meeting. It is an open meeting and people from all over the world attend. There is always a strong Guernsey representation – many are OEs. Any boy who wishes to make progress and make representation outside of the College, i.e. represent the British Cadet Teams, must attend an Imperial Meeting. Selected team members combine with Victoria College in Jersey to form a Channel Island International Team to shoot against other international teams.

Spoken English

The annual competitions cover all age groups and are open to anyone in the school. Winners recite their pieces at the Foundress's Day Concert. See Miss Flood for details.



Squash



Squash training takes place each Wednesday and Thursday after school at Beau Sejour. In addition, senior boys have the opportunity to continue their squash coaching on a Tuesday games afternoon.



Swimming

Swimming is available every lunchtime whilst the pool is open. This is normally from April until the October half term. School swimming teams are entered into the National Schools Relay Championships and other competitions.

Club Link: Beau Sejour Barracudas and Guernsey Swimming Club offer competitive swimming for all age groups



War Gaming Club

This club is run on a bi-weekly basis all year and is located in a dedicated war gaming room near the NW turret. It is for any boys with an interest in war gaming and their own equipment. The current members are playing Warhammer games, although there is no reason why other games cannot be accommodated. It is an opportunity to meet and play against those with similar interests in an environment which allows full scale and prolonged gaming.

Water Polo



This club is available as long as the Swimming Pool is open.

Join in one of the most exciting, fast paced and energetic sports out there! Basic rules and skills are taught to swimmers of all abilities.

This takes place on:

Tuesday 12.35pm – 1.05pm Years 7, 8 and 9