

ELIZABETH COLLEGE JUNIOR SCHOOL

Pre-School Menu



Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Jacket Potato with Cheese, Baked Beans & Peas	Chicken Bites, Chips & Peas	Roast Beef with Yorkshire Pudding, Broccoli , Roast Potatoes & Gravy	Penne Pasta with Cheese or Tomato Sauce & Peas	Margarita Pizza with Grated Carrot
Fresh Fruit	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits
Puddings	Vanilla Ice Cream	Raspberry Jelly	Fridge Cake	Sticky Toffee Pudding	Fresh Fruity Friday

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Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Spaghetti Bolognese & Green Beans	Honey Glazed Ham, New Potatoes & Broccoli	Roast Chicken, Carrots, Roast Potatoes, & Gravy	Sausage Meat Plait, New Potatoes & Peas	Fish Fingers, Chips & Peas
Fresh Fruit	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits
Puddings	Orange Sorbet	Rice Crispy Cake	Lemon & Berry Muffins	Strawberry Jelly	Fresh Fruity Friday

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Menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Ham & Cheese Sandwich with Green Beans	Chilli Con Carne with Rice & Green Beans	Sausage & Mashed Potatoes with gravy & Peas	Pasta & Tomato Sauce with Green Beans	Cottage Pie & Peas
Fresh Fruit	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits
Puddings	Chocolate Mousse	Blue Berry Muffin	Short Bread	Lemon Drizzle Cake	Fresh Fruity Friday