

ELIZABETH COLLEGE JUNIOR SCHOOL

Pre-School Menu



Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pasta Bolognese with Fresh Bread Green Beans	Homemade Breaded Chicken Goujons & New Potatoes Steamed Broccoli	Roast Beef with Yorkshire Pudding, Roast Potatoes & Gravy Roasted Carrots	Pasta with Choice of Tomato Sauce or cheese Sauce Garden Peas	Homemade Fishcakes with Oven Chips Steamed Broccoli
Fresh Fruit	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits
Puddings	Rice Krispy Cake	Banana Bread	Chocolate & Vanilla Marble Cake	Strawberry Jelly	Fresh Fruity Friday

Gluten Free & dairy free options will be available daily

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Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pasta with Chicken & Tomato Sauce Garden Peas	Baked Breaded Cod & Rice Green Beans	Lemon & Herb Roasted chicken with New Potatoes Steamed Broccoli	Sausage & Mash with Gravy Garden Peas	Margarita Pizza Green Beans
Fresh Fruit	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits
Puddings	Vanilla Ice Cream	Sticky Toffee Pudding	Raspberry Jelly	Fridge Cake	Fresh Fruity Friday

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Menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Jacket Potato with Cheese & Baked Beans Garden Peas	Honey Roasted Pork Loin & Herbed New Potatoes Green Beans	Roasted Turkey, Potato Wedges & Gravy Steamed Broccoli	Pasta with Tomato Sauce Grated Carrot	Beef Burger & Chips Garden Peas
Fresh Fruit	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits
Puddings	Chocolate Mousse	Apple Scone	Shortbread	Lemon Drizzle Cake	Fresh Fruity Friday

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