

DEMOCRACY IN ACTION...

Picture by Adrian Miller, 6991306



I DO so love catching up with my young friends at Beechwood and was very impressed when I joined in one of their School Council meetings. These are held fortnightly and have representatives from all year groups, ably led by Chairperson Emily Griggs, to discuss ways in which they can make their school even better.

When I joined them they were working on ideas for using the hard court section of the playground, deciding that they want to make a place where all the children can practise their ball-throwing, skipping, circus skills and netball techniques at break and lunchtime.

This seemed like a jolly good idea to me – especially as I am not good at any of these things. They even decided to draw up a rota to make it fair for everyone.

Clever thinking and a big round of 'a-paws' to the School Council.

Medical matters

Picture by Adrian Miller, 7076833



FOLLOWING my visit to Beechwood's School Council, I found out I'd be in safe hands even if I had an accident in the playground, as my young friends have first aid lessons.

Katie Sweeney from St John Ambulance and Rescue had come to teach Year 5 what to do if someone fainted or seemed to be having a fit or seizure. I learnt that it is really important to get a person to lie down if they start to feel dizzy or light-headed.

After all that learning I felt a bit light-headed, but a sit down, a nice cup of tea and a restorative slice of cake sorted me out.

So I left the first aid to my learned young friends and headed home, carefully, for my dinner and then lay down for an afternoon siesta.