

# ELIZABETH COLLEGE JUNIOR SCHOOL

## Pre-School Menu



Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b>	Pasta Bolognaise	Sweet and Sour Chicken and Rice	Roasted Gammon and Pineapple with New Potatoes	Baked Cod with Lemon and Herb Rice	Burger and Chips
<b>Vegetable</b>	Garden Peas	Steamed Broccoli	Grated Carrot	Garden Peas	Baked Beans
<b>Fresh Fruit</b>	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits
<b>Puddings</b>	Ice Cream	Marble Cake	Strawberry Jelly	Rice Krispy Square	Fresh Fruity Friday

***Gluten Free & dairy free options will be available daily***

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## Pre-School Menu



Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b>	Penne Pasta with Choice of Cheese or Tomato Sauce	Chilli Con Carne with Rice	Chicken Kiev with New Potatoes	Roast Pork with Potatoes and Gravy	Pepperoni Pizza and Chips
<b>Vegetable</b>	Garden Peas	Grated Carrot	Steamed Broccoli	Garden Peas	Baked Beans
<b>Fresh Fruit</b>	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits	A selection of Fresh Fruits
<b>Puddings</b>	Ice Cream	Shortbread	Raspberry Jelly	Lemon Drizzle Cake	Fresh Fruity Friday

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