

ELIZABETH COLLEGE

**ACTIVITIES  
BOOKLET**

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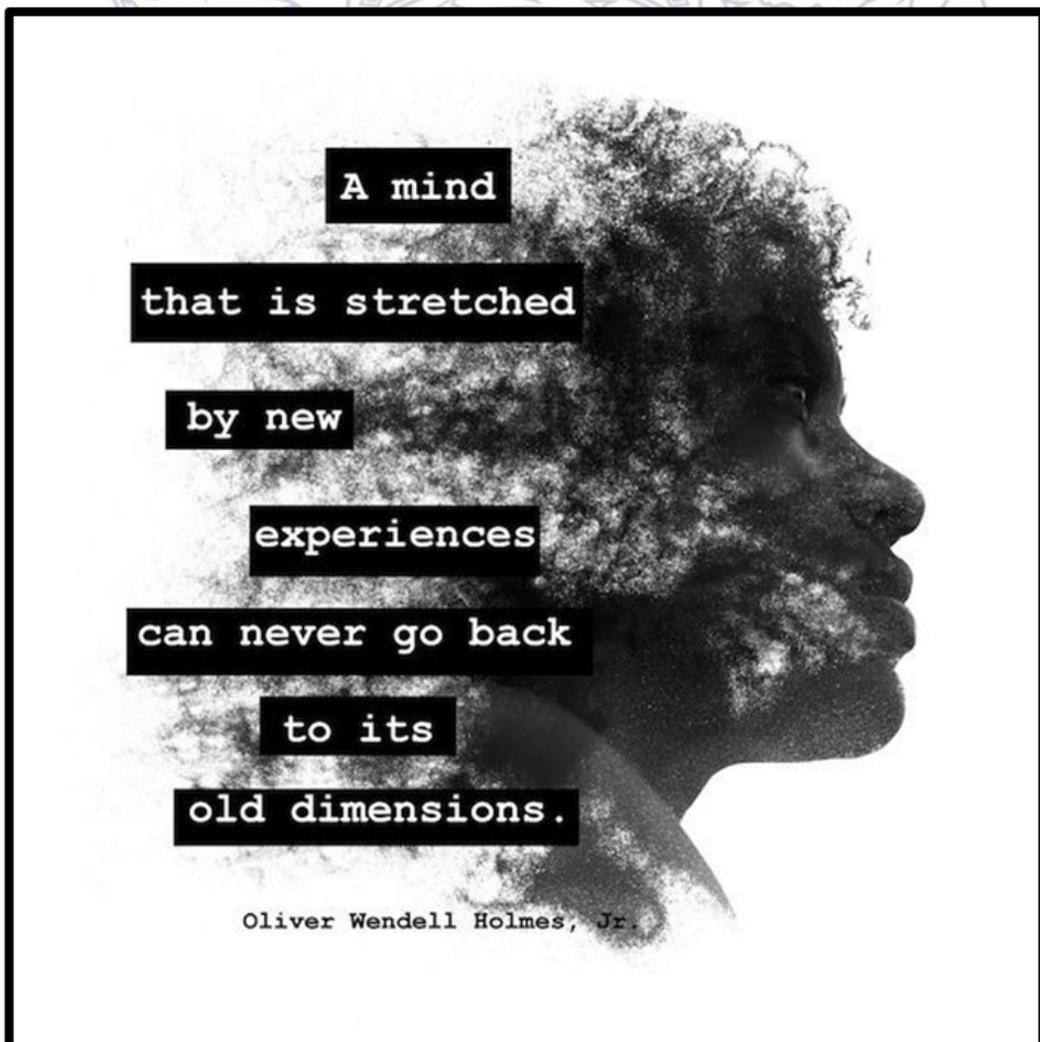
# INTRODUCTION

Activities are an integral part of life at Elizabeth College. There are numerous options available, many of which are detailed in this booklet. Many others will be advertised through tutor periods, firefly, digital noticeboards and the College website as they become available.

We believe that pupils can and will learn many valuable life lessons and skills through the College's extensive activities programme. There are timetabled periods in which pupils can select from a variety of choices, lunch and after school activities and extended activities and tours are also offered at weekends and during School holiday periods.

We encourage all students to stretch themselves and try new offerings, as well as developing expertise and depth of ability in specific areas and to strive for: Breadth, Commitment and Excellence.

Our variety and number of activities on offer continues to grow and is just one of the aspects that makes an Elizabeth College education unique amongst island Schools.



## ELIZABETH COLLEGE

# ELIZABETHAN AWARD

This exciting new development was launched last year and we will see our first cohort of students achieve the Bronze and Silver levels this summer term – which will entitle them to wear the Elizabethan Award lapel on their blazer.

The award is designed to encourage pupils to take part in our extensive activities offering across a number of strands:

- Physical
- Skills
- Service
- Creative
- Cultural
- Reading

The award is available at three levels. Designed to take approximately a year to complete. Pupils should aim to start and finish the awards in the following years. (Pupils may not start an award earlier than published, but may extend the time it takes, to ensure they complete before proceeding to the next level)

Bronze – Year 7  
Silver – Year 8  
Gold – Year 9

Whilst all awards have the same core strands to complete, each level requires slightly longer commitment. Silver awards ask that you show a level of excellence in at least one strand. The Gold award additionally asks pupils to set themselves a significant personal challenge to achieve at the start of the award. (This is in consultation with tutors and HoY)

Pupils are asked to: Plan, Record and Reflect on what they do in an online log. It is this document that is submitted as evidence to achieve the award. Pupils are given tutor time and assigned homework time to complete this log and we would encourage parents to look at this with pupils and help them to fill it in.

Copies of the log are available on firefly and the College website.

The Elizabethan Award is overseen by Miss Schofield, who will check completed logs and issue awards, as well as answering and questions related to the award.

## ELIZABETH COLLEGE

# FRIDAY AFTERNOON

The College follows an alternative timetable on Friday afternoons that is designed to allow pupils to access a number of our activities. Pupils are certainly still learning and engaged in education (in its broadest sense) but this tends to be practical and active learning. Pupils are more often than not outside of the classroom environment, in different groups and sets (often across different year groups). It has removed that 'Friday Afternoon' feeling where the day seems to drag and people are starting to think about the weekend. The last few lessons at the end of the working week are something that both pupils and staff look forward to taking part in. The programme we offer is as follows:

Year 7/8: Over 20 different options are available and pupils will select a choice of five, before being allocated a final three to take part in for the year. Each option block will last for ten weeks. Plenty of time to get a real taste for something new and see if it something you might like to do more of in the future.

Choices last year included: Photography, Table Top Tribe (Strategy and Role Play games), Futsal, Art Sculptures, Eco-Warriors, Podcasting, Vintage Vinyl, Bellringing, Survival Skills, Chess, Jewellery Making, The History Boys (island exploration and hidden history of Guernsey), Film Club, Ukele, Bass Guitar, Fife and Drum Band, International Culture and Cuisine and Roving Reporters.

Year 9: Will enjoy a rotation of activities designed to introduce them to some of the options available to them in years 10-13. The rotations can include: CCF (Army, Navy, RAF), First Aid, Navigation DofE, Coding and Outdoor Pursuits.

Year 10/11: May opt for CCF Basic/Advanced Course in Army, Navy or RAF, Sports Leadership, or Eco/Conservation skills.

Year 12/13: The options available are: CCF: Leadership, Sports Leadership, Eco/Conservation skills, DofE assistance for Bronze groups, Elizabethan Award Leaders.

## ELIZABETH COLLEGE

# INVESTIGATION AND DISCOVERY WEEK

In the last week of the Trinity term the College will be on Investigation and Discovery week. This means that normal lessons cease and students are given the opportunity in different areas either to learn new skills or improve on skills they already have.

Options are usually College based in the morning and run by College staff – many are creative, musical or mentally challenging in nature. In the afternoon activities will be based in different locations around the island and are more physically inclined. Students from Year 7 and 8 will be involved in two of the activities during the week. They will follow one activity in the mornings and another activity in the afternoons. They will stay with their assigned activity for the duration of the week.

Each student is asked to read through the options booklet sent out just after Easter and then to select, in order of preference, four activities from the morning choices and four from the afternoon choices. Choice selection should be sent in via the online selection boxes.

In order to cover the costs of materials and equipment or for specialist coaching, some of the activities will have a cost attached to them. This is indicated in the choice descriptions. The costs will be put on the end of term bill.

Morning activities will take place between 0830 and 1230 and are predominantly based in College, if pupils are required to meet elsewhere the teacher running the activity will notify parents and pupils. In some cases pupils may need to use island busses to get about, but again this information will be supplied by the teacher running the activity. Afternoon activities will be between 13:30 and 15:30 (although a few may finish a little earlier or run on a little later).

**Final Thursday.** The morning is set aside to put together and mount a display for the open evening 6.30pm-8.00pm. The afternoon is your final session for sports/outdoor activities. All pupils are expected to attend the Open Evening and explain their activities to visiting parents and friends. The Drama/Music groups will also put on a performance on this evening.

Year 9: Will be involved in Duke of Edinburgh qualifying trips and activities.

Year 10: Will attend CCF annual camps or assist with the sports leadership programme.

Year 12: Will have prefect training or a bespoke Sixth form programme.

Year 11/13 CCF cadets may have the option to attend camp as NCOs.

## ELIZABETH COLLEGE

# A-Z LISTINGS

## **Armada Society:**

This is a society primarily for sixth formers studying English Literature although other sixth formers and Year 11 pupils can also attend events if invited. The society aims to offer evening talks and events which foster a deeper engagement with Literature and culture in general. Talks will be delivered by teachers, external speakers and also sixth form students themselves. For further information, contact Mr Buchanan.

## **Athletics:**

During Trinity term, there will be an Athletics Club after school on Tuesdays from 4.30pm - 5.30pm at the Osmond Prialux Athletics Track at Footes Lane. The club is open to all students. There will be internal inter-year competitions (eg Year 7 v Year 8) during these sessions. Students in the team squads will be informed.



## **Badminton:**

Badminton Club takes place on Tuesday lunchtimes in the Sports Hall with Commonwealth Games athlete Matt Hayes from Guernsey Badminton leading the sessions. College also competes in the National Schools' Badminton Finals at KS3 and KS4, with the team progressing to the National South Finals.



## **Basketball:**

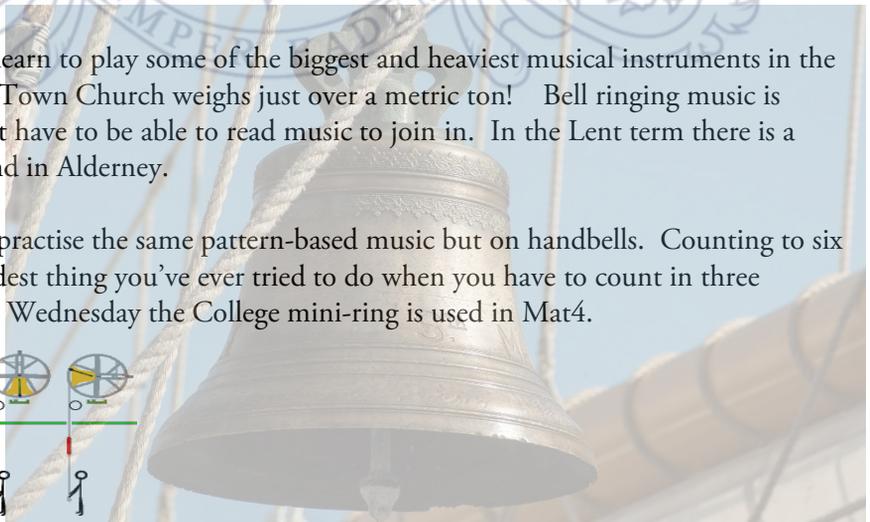
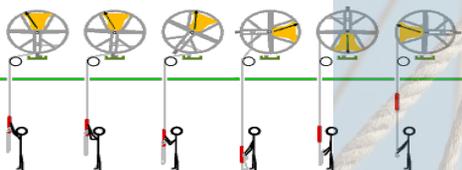
Basketball Club runs four days a week during lunchtime and on a Sunday afternoon. We play fixtures against local schools, with our long-term ambition to be involved in the local leagues and playing against schools from Jersey.



## **Bellringing:**

On Tuesdays after school learn to play some of the biggest and heaviest musical instruments in the world. The largest bell in Town Church weighs just over a metric ton! Bell ringing music is pattern based, so you don't have to be able to read music to join in. In the Lent term there is a residential training weekend in Alderney.

On Friday lunchtimes we practise the same pattern-based music but on handbells. Counting to six suddenly becomes the hardest thing you've ever tried to do when you have to count in three different ways at once. On Wednesday the College mini-ring is used in Mat4.



# ELIZABETH COLLEGE



### Board Games:

Traditional board games such as Monopoly, Cluedo, Scrabble and Backgammon are available both in the library and in the hall during lunchtimes.

### Chess;

This club meets on Tuesday lunchtimes in Room 6. Beginners to the game are welcome, as are experts. You can come along and just play socially or learn some new tactics. There is a House Chess competition in the Trinity term, so Chess Club can be used to practise, to hone skills and to select a House team.



### Climbing:

Is available as an after school club for all year groups and is advertised through tutor groups and on Firefly. Climbing is also available within the Outdoor Pursuits Games options for Years 10 to 13 and Year 9 will have an introduction on Friday afternoon activities. For further information see Mr Aplin.

### Comic Book Club:

A lunchtime club run by Mrs Buchanan in the Art Department. It offers a chance to create and draw characters as well as read and discover some of the classic characters from this genre



### Cricket:

Thanks to the Elizabeth College Cricket programme, the College is now recognised as one of the leading cricketing schools amongst other schools based in the UK. With multiple visiting school teams, tours to the UK and a biennial tour to the United Arab Emirates, junior cricket is prospering at the College. Year 7 and 8 boys play in the 'Big Bash' tournament, which takes place on Saturday mornings during the Trinity term.

The First XI and Development Team and Year 9 boys play in the local GCA-run afternoon and evening Leagues. The First XI also take part in the prestigious National T20 Championships and host an annual Festival of Cricket, with teams coming from as far away as Australia to take part.



# ELIZABETH COLLEGE

## Combined Cadet Force (CCF)

There are CCF contingents in over 400 secondary schools all over the UK, offering young people a broad range of challenging, exciting, adventurous and educational activities. The aim is to enable the development of personal responsibility, leadership and self-discipline. Each CCF is an educational partnership between the school and the Ministry of Defence.

Students in Year 9 have a 10 week introduction to CCF and those who choose to join fully, do so at the start of Year 10 having put their section choice in order of preference. CCF is a two year commitment up to the end of Year 11. The first year is spent as Recruits in their chosen Section where they will complete the relevant CCF Proficiency Certificate. This is based on a wide range of new skills and activities as well as developing an 'Esprit de Corps'. Army and RAF Section cadets are taught to handle and fire the .22 calibre target rifle, 5.56 L98 Cadet Rifle and those who are dedicated and proficient will shoot the 7.62 full bore rifle and possibly progress to form part of the College Shooting team. Army and RAF cadets complete field craft and self-reliance training and exercises. Those who choose the Royal Navy Section will start their RN syllabus training straight away, which includes sailing at the Guernsey Sailing Trust and afloat training in our own 5.4 metre RIB. Joining the RN Section does not preclude any cadet from being part of the College Shooting team. All Recruits are expected to attend Annual Camp for all Sections in Year 10 in the UK during Investigation and Discovery week. The most proficient shooters may also attend Bisley in July and other competitions during the year.

Challenge Pursuits and Adventurous Training activities are introduced and form a foundation for further involvement. Cadets are actively encouraged to attend one or more of the many and varied MoD sponsored and run camps and courses; these are heavily subsidised to further cadet personal development and to support the wider Cadet Force aims. Cadets are expected to participate in wider community activities such as fund raising, Island ceremonial parades and civic functions. All cadets will be expected to attend the Island's Remembrance Parade in November and complete at least one other Island parade as part of the CCF Platoon; training is given for these.

In Year 11 cadets remain in their Section of choice. In addition to completing the CCF(RN) basic and advanced syllabuses, the Royal Navy Section continues to run activities afloat, as previously described; cadets may also compete in sailing competitions in the UK. The Army Section continues with field craft exercises and with blank firing activities. Royal Air Force train for their Part One and Two exams and, whenever possible, visit RAF bases in the UK for air experience. Cadets also get the chance to attend RAF central camps where Air Experience can be gained on powered trainers such as the Grob.



# ELIZABETH COLLEGE

There is a selection process at the end of Year 11 with cadets able to choose other Friday afternoon options. Cadets who remain in the CCF continue to work with their Sections and continue with their personal development as cadet instructors. Cadet Senior NCOs can also be invited to attend Annual Camps and October Training to assist with the management of the younger cadets.

Cadets can continue to shoot, including as an option on Senior Games, and can attend adventure training, leadership and personal development courses as well as a wide range of expeditions. Cadets are encouraged and supported in completing activities that count towards the Bronze and Gold Duke of Edinburgh's Awards.-The following link gives more information regarding the three different Sections: [www.combinedcadetforce.org.uk](http://www.combinedcadetforce.org.uk) and any questions can be directed to the Contingent Commander Lt Cdr Slann.

### **Debating:**

Teams are entered in the Intermediate and Senior competitions, and are assigned topics on which to speak. Debating happens regularly at lunchtimes in Lent and Trinity terms, either in Room 7 or the Main Hall. There are cups and vouchers awarded to the winning teams. See Mr Buchanan for details.



### **Drama:**

Drama Club is open to Years 7, 8 and 9. We are fortunate to have two Drama specialist teachers who make up the Drama Department. Our club runs from 4.15pm until 5.15pm in the Upland Studio (after Michaelmas half term) allowing us to develop performance training in Improvisation, Physical Theatre, Stage Combat, Slap Stick, the Comedic Arts and Voice Training. We work to everyone's strengths. The day for this activity will be advised by the Drama department in due course.

### **Drama Tech:**

There is also an opportunity to become involved with either the lighting, sound or stage prep for drama as well. Specific training sessions will be given and notices sent via tutor groups. You will need to be available for both rehearsals and shows.



### **Design and Technology:**

KS3: The department is open Monday after school for Year 7-9 pupils to advance class work on pursue their own projects.

KS4/5: The department will be open on Tuesday evening for those wishing to work on coursework projects.

Lunchtimes: The workshops are available most lunchtimes for completion of work



# ELIZABETH COLLEGE

## Duke of Edinburgh:

Year 9 students are given the opportunity to register for the Duke of Edinburgh's Bronze Award. They can then start their sport, skill and volunteering sections. The expedition training is provided during Friday afternoon activities and the qualifying expedition will be run during Investigation and Discovery Week. There is also a weekend practice expedition and pupils will be expected to attend this. This enables the Bronze Award to be completed well before Year 11 exams, revision and coursework. When students are 16 they can register to start the Gold Award. There is a DofE drop in on a Monday lunchtime, when students can find support with completing their Award. Mr Davis is the Award Coordinator for Elizabeth College and responsible for the Gold Award, with the Bronze Award being coordinated by Mrs Dallin.



# ELIZABETH COLLEGE

### **Eco Club:**

This is led by the Sixth Form Eco prefect and meets once a fortnight. To discuss and plan actions for all matters related to the environment, climate change and creating a cleaner and better future.



### **Football:**

The College has an extensive fixture programme maximising football opportunities for students to cater for the large number of boys who attend after school training. We enter two teams from each year group into the inter-school leagues and also offer the opportunity for a further two teams to play matches against the other school's second teams – a great sight to see four College teams in action on an afternoon.

Years 7 and 8 have UK tours to the south and north-west of England, and there is an annual inter-collegiate fixture against Victoria College for Years 7, 9 and 10.

The First XI compete in a very competitive Channel Island league, playing home and away fixtures against Victoria College, De La Salle College and Hautlieu School, Jersey, and the Grammar School. The senior footballers also have the opportunity to travel to Italy for a week-long tour, playing matches against Italian opposition and watching Serie A football in Milan.

### **Golf:**

Boys in Years 7, 8, 9 and 10 can join 'Golf on the Range' which takes place after school on Thursdays in the Michaelmas and Trinity terms. This golf tuition is taken by a golf pro at St Pierre Park Golf Club. Boys in Years 11, 12 and 13 can opt for Golf during Senior Games. Experienced golfers with a white tee handicap have the chance to be selected for the College Golf Team which competes against Victoria College every year for the Boomer Trophy.

### **Harry Potter Fan Club:** (The wizarding world of Elizabeth College)

Read and discuss the books. Talk about new developments within the wizarding world. Record and create podcasts based on the discussions. HP crafts and quizzes. Room 6, Monday lunchtimes.



# ELIZABETH COLLEGE

## Hockey:

### *Michaelmas Term*

Senior teams are entered into the Men's Division 1 and 2 Championships in this term. Hockey is a senior Games option and runs from September along with senior training on Thursday nights. U16 – U14 players are encouraged to attend the Guernsey Hockey training nights on Tuesdays at the FL and MF respectively: 5.15pm – 6.30pm for U14 and 6.30pm – 7.45pm for U16. Older pupils are encouraged to join the senior men's training on Mondays and Thursdays at the Hockey Club.

### *Lent Term*

Training is arranged for all year groups throughout this term and is open to all pupils. Matches are arranged against local club sides and visiting teams from the UK. Most of these matches take place at the weekends. Tours are arranged to the UK at U15 and U13 levels, and the 1st XI tour is to Barcelona. All year groups play against Victoria College or St Michael's School from Jersey. The U16 team is entered into the National Schools' Championships for boys.. Club links: Anyone interested in joining a club or looking for training please see Mr Good for help or log on to [www.guernseyhockey.com](http://www.guernseyhockey.com).



## Inter-House Competitions:

There are a variety of inter-house competitions that run throughout the year in a number of activities. Competitions take place either in Games afternoons or at lunchtimes. All students are invited to enter and represent their house team and compete for the inter-house shield within each year group.

Term	Event	Location	Participants
<b>Michaelmas</b>	11-a-side football	Memorial Field	Years 7 - 10
	House Shout	Sports Hall	All Years
<b>Lent</b>	Debating	Classrooms	All Years
	Hockey	Memorial Field	Years 7 - 10
	Cross Country	Memorial Field	All Years
<b>Trinity</b>	Athletics	Footes Lane	All Years
	Cricket	College Field	Years 7 - 10
	Swimming	Swimming Pool at Elizabeth College	Years 7 - 10

# ELIZABETH COLLEGE

**Jenga:** A fairly new club. Boys are able to play at lunchtimes and compete at both tabletop and giant Jenga games.

**Judo:**

This club has weekly practice sessions in the Sports Hall on a Wednesday lunchtime. Current students range from Year 7 to Year 13, from novice White belts through to Brown (just short of Black) belts who assist with training. The club is kindly provided free of charge by our Black belt OE Sensai and is overseen by Mr Stewart. Those attending are welcome to join the Guernsey Judo Club, but this is not compulsory.

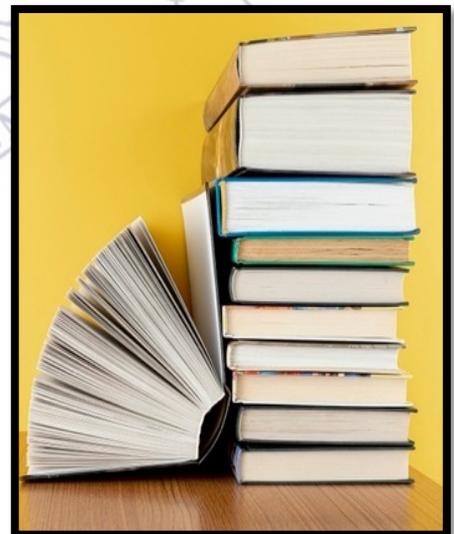


**Kayaking:**

There are many opportunities for kayaking through the College Kayak Club. Sessions are run in the College pool and on the sea for much of the year and at an indoor pool during the winter. These are open to all students and are advertised through tutor groups and on Firefly. Kayaking is also available within the Outdoor Pursuits Games options for Years 10 – 13. Help from competent parents is encouraged. For more information see Mr Aplin

**Library:**

The Librarian can help you find information for homework projects, coursework, Extended Project Qualification and Diploma and your own interests and hobbies. When the library is closed you are still able to access lots of this information online through the various databases and journal services Elizabeth College Library subscribe to. This section of the library VLE provides you with all the links and passwords that you need to access the information from school or home. If you need additional help, please email: [kgarnett@elizabethcollege.gg](mailto:kgarnett@elizabethcollege.gg) or pop in to see me in the library.



**ELIZABETH COLLEGE**

### Life Saving:

The College Life Saving Club provides courses during the winter using an indoor pool and in the sea during the summer. Details are published via Firefly and tutor groups. See Mr Aplin for more information.

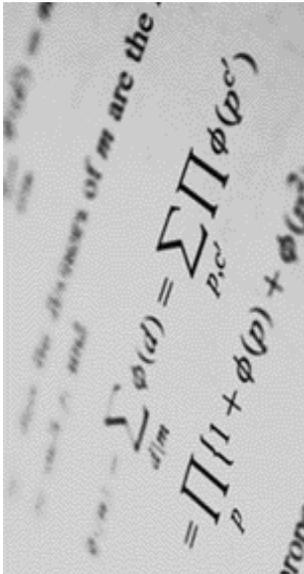
### Mathematics: Infinity Club

Pit your wits against fiendish mathematics problems and puzzles. Develop your mathematical skills and insight through problem solving, learn how to split up a task and work in a team. You will also have the chance to be selected for one of the College teams to compete against other Channel Island schools. There will be training and competition, laughter and head scratching. MAT4. Day to be confirmed, (4pm to 4.45pm). Any boy from any year group with an interest in mathematical problem solving should attend.



### Mathematics: Reimann Society

This is a society primarily for sixth formers studying Mathematics although other pupils may also attend by invitation. It is open to Elizabeth College and Ladies' College students. We are a discussion group, the aim of which is to widen and deepen exposure to and interest in mathematics. We encourage members (staff and students) to read up on something about which they are curious, then to bring a short presentation to the group and to lead discussion. This is good preparation for university and job interviews, as it builds confidence in speaking about an academic subject. The society meets on an occasional basis over coffee (Netflix has "Comedians, in cars, getting coffee" we have "Mathematicians, in the Refectory, getting coffee"). For further information, contact Dr Addenbrooke.



### Model Train Club:

The Model Train Club has a layout in a dedicated room in the NW turret. The club has one working layout with a second under construction. If you are interested in trains or modelling, the club runs twice a week all year round and has enough to interest both experienced and new model train enthusiasts.



# ELIZABETH COLLEGE

## **Modern Languages:**

### ***French***

Year 10/11 Club runs every Wednesday from 12.35pm until 1.05pm in O1. A great opportunity for GCSE students to practise and revise grammar, vocabulary and translations.

Year 7 Spelling Bee Club – every Tuesday from 12.40pm until 12.55pm. Come practise your spelling and enrich your French vocabulary whilst competing with the other students!

### ***Spanish***

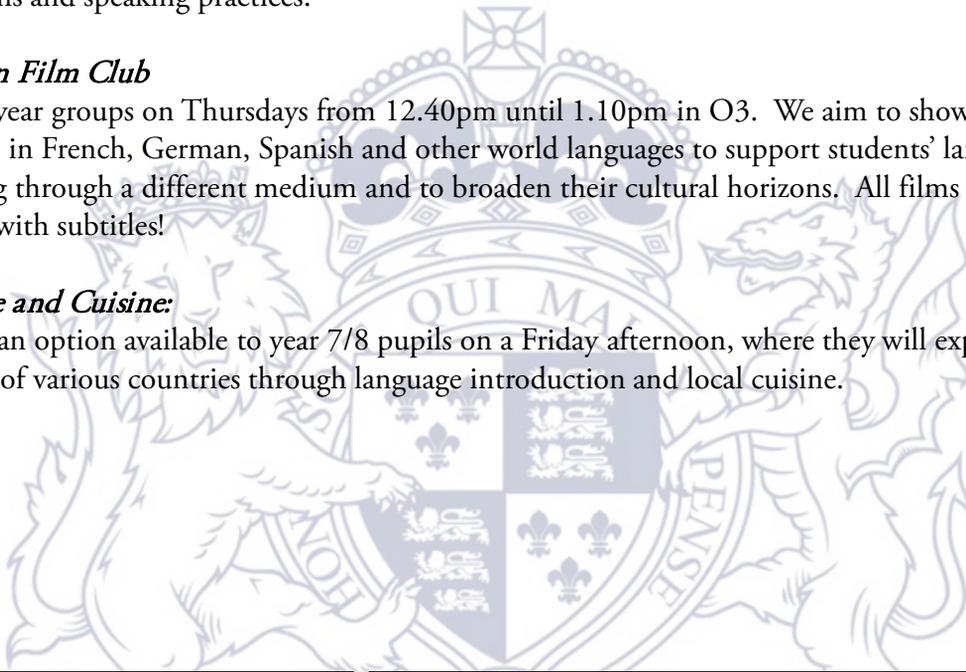
There is a weekly Spanish workshop for all levels in Mrs Gordon's room. KS3 on Wednesday, KS4 on Thursday and KS5 on Friday from 12:50 to 1:20. This is to help with grammatical questions and speaking practices.

### ***Foreign Film Club***

For all year groups on Thursdays from 12.40pm until 1.10pm in O3. We aim to show a range of films in French, German, Spanish and other world languages to support students' language learning through a different medium and to broaden their cultural horizons. All films will be shown with subtitles!

### ***Culture and Cuisine:***

This is an option available to year 7/8 pupils on a Friday afternoon, where they will explore the culture of various countries through language introduction and local cuisine.



# ELIZABETH COLLEGE

## **Music:**

### **College Choir**

Tuesday 12.35pm - 1.05pm in the Performing Arts Studio  
Ms E Willcocks/Mr C Rumens

Open to all students with an interest in singing. There are various opportunities for performance through the year at College services and concerts.

### **College Chapel Choir**

Wednesday 12.35pm – 1.05pm in the Performing Arts Studio  
Ms E Willcocks

By invitation, 25 singers from Years 7 – 13 (plus additional rehearsals). Students perform in public events and College services and have the opportunity to participate in the annual trip to St Malo to sing in the cathedral.

### **Orchestra/Wind Band/Ensembles**

These take place on Monday, Wednesday, Thursday and Friday lunchtimes, and before and after school.

Groups including College Orchestra, Brass Band, Wind Ensemble, Guitar Ensemble, Jazz Band and Percussion Ensemble, as well as Bell Ringing, prepare and perform at College and local events. Students will also enjoy workshops with visiting specialists.

### **Junior Ensembles/Clubs/Chamber Groups**

Lunchtimes and after school in the Music Department

### **Music Staff**

The Music Department offers all students the opportunity to pursue their musical interests. All members of the Music staff and pupils with a keen interest in music will join an ensemble. Those with particular interests join or form groups and clubs by negotiation with staff and enjoy access to facilities and staff help at lunchtime or after school.

Some of our most talented pupils form chamber groups to extend their skills even further or to work towards performances, for example, the Guernsey Eisteddfod. Groups and clubs include Snorkel Band, Junior Acapella, Recording Club, Junior Strings, various chamber ensembles and the College Close Harmony Group (Sixth Form singers only). Performances take place throughout the year and range from College events and local festivals to weekend trips and workshops. For those with an interest in Music Theatre there are opportunities to join with the Drama Department in College productions.



# ELIZABETH COLLEGE

**PACE:**

Games and discussions about Christian beliefs and moral or social issues.

**Pottery:**

The Art Department runs a lunchtime Pottery Club on Tuesdays. This club is for all year groups and is supported and run by the older boys who help as part of their Duke of Edinburgh's Award Service or Skill. The pottery also runs short courses for adults and these are advertised in 'The Week Ahead'.

**Roving Reporters:**

This is predominantly run on Friday afternoons and in Investigation and Discovery week. However, if there are students who are keen to submit photographs or written articles for the College website and social media pages these are always welcome, as are articles for the Elizabethan.

**Rugby:**

Rugby has been introduced to the PE Curriculum, with Years 7 – 10 being given the opportunity to take part in the Inter-School 7s Festival. Rugby 7s is also offered during the Lent term as a Senior Games option. Matches are played during the Lent term against Victoria College and De La Salle College, Jersey, and the Grammar School. This year, the Guernsey Rugby Academy will be supporting each of our age groups in addition to the Sunday morning Rugby Academy sessions.

**Sailing:**

*In school:* In Years 7 and 8 sailing is available as an option during Investigation and Discovery Week at the end of the Trinity term. In Year 10 and above, students may choose sailing as their Monday afternoon Games option. Sailing is also a central activity of the CCF Royal Navy Section. Annual College Sailing Championships are held at Junior and Senior level in September. The College also has a team racing sailing squad that attends the National Youth Sailing Championships in mid-October.

*Out of school:* The Guernsey Yacht Club runs training sessions and junior racing at various levels on Saturdays and Sundays. The Guernsey Sailing Trust puts on week-long courses for beginners and improvers during the school holidays, using a variety of boats.



# ELIZABETH COLLEGE

## Shooting:

### *Michaelmas Term:*

Year 10 pupils who are also in any section in the CCF may apply for a place in the Shooting Squads if they have completed the safety training and testing during CCF time. They will be instructed in the Marksmanship Principles before live firing in the Indoor Range. Shooting is then undertaken at lunchtimes from November onwards. They can then opt for shooting as their Games option from January. An NRA Basic Skills Target Rifle Coaching Course is run locally over the first weekend in March for those Year 10 pupils who have opted for shooting as their Games option in advance of the full bore season. Approximate cost: £45.

See your CCF Section Officer or the CCF SSI to express your interest.

Years 11, 12, and 13 continue training in small bore shooting during senior Games. Teams are usually entered in the Hampshire League and there is a match against Victoria College.

### *Lent Term*

All year groups continue small bore shooting until February half term. Two teams of twelve from Victoria College and Elizabeth College are selected as the Channel Island Team to compete in the National Competition against England, Scotland, Ireland and Wales. From February half term, all Year 11, 12 and 13 shooters also attend the NRA Advanced Wind Coaching Course run concurrently with the Year 10 course in March. Approximate cost: £25.

### *Trinity Term*

We move to Fort Le Marchant for the Trinity term to fire full bore rifles on Saturday mornings. The main focus of this term is to train and prepare a team to represent the College at Bisley during the first week of the summer holidays. The main event at Bisley is the Ashburton Shield. During the course of the term we compete against the Old Elizabethans and the Guernsey Rifle Club.

### *Imperial Meeting*

The Imperial Meeting is the 'Main Meeting' held at Bisley immediately after the Schools Meeting. It is an open meeting and people from all over the world attend. There is always a strong Guernsey representation – many are OEs. Any boy who wishes to make progress and make representation outside of the College, ie represent the British Cadet Teams, must attend an Imperial Meeting, usually from Year 11 onwards. Selected team members combine with Victoria College in Jersey to form a Channel Island International Team to shoot against other international teams.



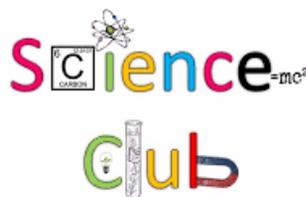
# ELIZABETH COLLEGE

## Science Club:

Year 7&8 Science Club every Wednesday after school 16:15-17:15, all year. It meets in laboratory S1.

An opportunity to do the science investigations and activities that we cannot always do in the classroom during normal lessons such as

- The Chemistry of making slime
- Cuttlefish dissection
- Investigating the Physics of car safety
- Fireworks
- Scribblebots competition
- Helping with the pollinator patches
- Observatory visit



And many more fun science activities. The sessions are run by a different Science teacher each week to bring you a wide variety of expertise and fun experience. Come along and be prepared to get messy, get thinking and get learning some super science.



## Squash:

Squash training takes place each Wednesday and Thursday after school at Beau Sejour. In addition, senior boys have the opportunity to continue their squash coaching on a Tuesday Games afternoon. See the Activities noticeboard for more details.

## Swimming:

Swimming is available in the College pool at lunchtimes as a free swim and is open to all. Details are posted on Firefly and via tutor groups. The top swimmers represent College in the National Schools' Relay competition (The Bath Cup) and in the Island Inter-School competition. A highlight is the Castle Swim across Havelet Bay, which is open to Years 8 – 13 by invitation. See Mr Aplin for information.



## Survival Cooking:

Aimed at year 13. This is lessons in preparing and cooking meals for life after College. Currently running on Monday's at 4pm. Additional cooking skills are available as an option for year 7/8 on Friday afternoon.

# ELIZABETH COLLEGE

### Table Tennis:

Tables are available for informal competition and activity at break and lunchtime in the Wichester Quad area. This also runs as an activity with a coaching emphasis in Investigation and Discovery week.



### Table Football:

Available outside at both break and lunchtime. for times when the hardcourt is busy and you still want a footie match with your friends – this is the ideal alternative.

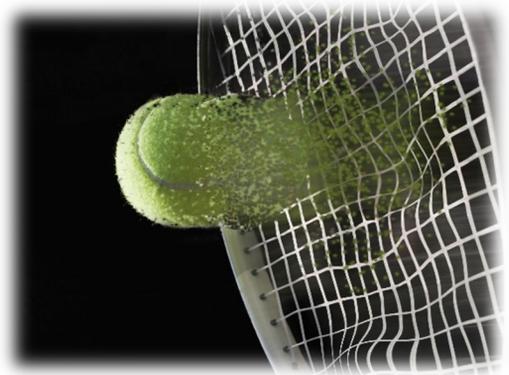
### Table Top Tribe:

Come and enjoy a range of different table top games which you can play with your friends when you meet up together. We will learn and play simple strategy games, collectable card games and also experience role playing games. The activities will be shaped by the interests and enthusiasm of the group to some extent. Featured games are likely to include Boku, Kamisado, Carcassone, Magic: The Gathering, Werewolf and Dungeons & Dragons.



### Tennis:

This is available as a sports option for year 10 and above in the Trinity term. There is also an option for year 7/8 to undertake a week of coaching as part of the Investigation and Discovery week.



# ELIZABETH COLLEGE

### **War Gaming:**

The War Gaming club runs at lunchtimes on a bi-weekly basis. It has an area for those with Warhammer or similar wargames to play, but has also been updated to include a digital war gaming area where strategy wargames can be played on computer. The war gaming area is located adjacent to the NW turret. All are welcome regardless of experience.



### **Water Polo:**

This club is available, as long as the College pool is open, on Fridays from 12.35pm until 1.05pm for Years 7, 8 and 9. Join in one of the most exciting, fast paced and energetic sports out there! Basic rules and skills are taught to swimmers of all abilities. See Mr R Morris for information.



# ELIZABETH COLLEGE

# REMOTE ACTIVITIES

During the recent lock-down the College was unable to pursue the usual activities programme. However, this did not stop a number of pupils engaging in new and interesting activities. These were promoted through firefly pages and the College will continue to update these on a termly basis. Most were online provisions and including activities such as:

Online fitness, body-weight exercises, and yoga

Learn to juggle

Guitar for beginners

Basic drumming (both military and normal)

Comic book characters

Sketch Club

Cooking

Chess

Knitting

Magic tricks

Virtual museum, gallery and zoo tours

New language learning

National theatre shows, musicals and the globe online

First Aid Basics

Eco online courses

Podcasting and creating Youtube channels

Escape rooms

Sign language

Touch Typing

Coding

... and many more

In addition to the suggested remote/online provisions, Mr Eyton-Jones (with the support of many College staff) instigated a fortnightly challenge activity that was aimed at pupils, staff, parents and OEs. The activities were designed to challenge and allow the wider College community to take part: Challenges included:

EC Cook-off (and cookbook)

Letter writing

Run at your own pace race

Short Movie

Virtual Quiz

... and many more

We are aiming to continue with such challenges in the future, even when we are all back at College full time.

# ELIZABETH COLLEGE

# ISLAND/CLUB LINKS



ELIZABETH COLLEGE